

# BS KINESIOLOGY-COACHING AND ADMINISTRATION TRACK

## Degree Requirements

Students should refer to their DegreeWorks degree audit in their Web for Students account for more information regarding their degree requirements.

| Code   | Title   | Hours      |
|--|---|------------|
| <b>Major Requirements</b>  |   |            |
| General Education Requirements ( <a href="http://catalog.tamut.edu/academic-information/university-core-curriculum/">http://catalog.tamut.edu/academic-information/university-core-curriculum/</a> ) |   | 42         |
| KINE 1301  | Foundations of Kinesiology  | 3          |
| or KINE 1354   | Concepts of Physical Activity   |            |
| KINE 1302  |   |            |
| KINE 300   | Sports Strength & Conditioning  | 3          |
| KINE 301   | Sports Nutrition  | 3          |
| KINE 316   | Administration of Kinesiology and Sports Programs   | 3          |
| KINE 325   | Exercise and Sport Psychology   | 3          |
| KINE 332   | Program Development/Management in Fitness Industries  | 3          |
| KINE 334   | Test and Measurement in Kinesiology   | 3          |
| KINE 343   | Exercise Physiology   | 4          |
| KINE 432   | Kinesiology and Biomechanics  | 3          |
| KINE 433   | Coaching Paralympics Game for Athletes with Disabilities  | 3          |
| KINE 434   | Sports Injury and Prevention  | 3          |
| KINE 400   | Sports Officiating  | 3          |
| <b>Choose 36sch from the following Kinesiology Electives:</b>  |   | <b>36</b>  |
| KINE 2350  | Physical Activity Skills I: Conditioning, Individual, and Dual Sports   |            |
| KINE 2351  | Physical Activity Skills II: Team Sports  |            |
| KINE 331   | Motor Development   |            |
| KINE 435   | Exercise and Chronic Diseases   |            |
| KINE 436   | Motor Skills for Special Populations  |            |
| KINE 443   | Exercise Testing and Prescription   |            |
| KINE 401   | Sociology and Public Relations in Sports  |            |
| KINE 402   | Sports Coaching Methodology and Practice Series I   |            |
| KINE 403   | Sports Coaching Methodology and Practice Series II  |            |
| 9-12sch Upper Division Electives from Kinesiology or any TAMUT discipline  |   |            |
| Other Requirements:  |   |            |
| BIOL 1306<br>& BIOL 1106   | Biology for Science Majors I<br>and Biology for Science Majors I Lab <small>satisfies core curriculum</small> | 4          |
| BIOL 2401  | Human Anatomy and Physiology I <small>satisfies core curriculum</small>                                       | 4          |
| PHYS 1301<br>& PHYS 1101   | College Physics I<br>and College Physics I Lab <small>satisfies core curriculum</small>                       | 4          |
| MATH 1314<br>or MATH 1342  | College Algebra <small>satisfies core curriculum</small><br>Elementary Statistical Methods                    | 3          |
| PSYC 2301  | General Psychology <small>satisfies core curriculum</small>   | 3          |
| Electives as needed to satisfy minimum degree requirements including 54 semester credit hours of upper division coursework or total semester credit hours  |   |            |
| <b>Minimum Hours for Degree</b>  |   | <b>120</b> |

Note: A minimum of 54 upper division hours (300 and 400 level courses) are required for this degree. Resident credit totaling 25% of the hours is required for the degree. A minimum GPA of 2.0 is required in three areas for graduation: Overall GPA, Institutional GPA, and Major GPA.

# Kinesiology - Sports Coaching & Administration Track 4 Year Plan

## First Year

| Code  | Title   | Hours     |
|---|---|-----------|
| <b>Fall</b>                                   |   |           |
| ENGL 1301                                     | Composition I <small>minimum grade of 'C' required; satisfies core curriculum</small>                                       | 3         |
| MATH 1314<br>or MATH 1342                     | College Algebra <small>Satisfies Core Curriculum</small><br>Elementary Statistical Methods                                  | 3         |
| HUMA 1301<br>or PHIL 1350                     | Introduction to the Humanities I<br>Philosophy and Ethics of Science and Technology   | 3         |
| BIOL 1306<br>& BIOL 1106                      | Biology for Science Majors I<br>and Biology for Science Majors I Lab <small>Satisfies Core Curriculum</small>               | 4         |
| IS 1100                                       | University Foundations <small>mandatory for FTIC students only</small>  | 1         |
| <b>Fall Total Semester Credit Hours</b>       |   | <b>14</b> |
| <b>Spring</b>                                 |   |           |
| ENGL 1302<br>or ENGL 2311                     | Composition II <small>minimum grade of 'C' required; satisfies core curriculum</small><br>Technical Writing & Communication | 3         |
| SPCH 1315<br>or COMM 1311                     | Public Speaking<br>Introduction to Communication Studies  | 3         |
| HIST 1301                                     | United States History I   | 3         |
| KINE 1301<br>or KINE 1354                     | Foundations of Kinesiology<br>Concepts of Physical Activity   | 3         |
| KINE 1302                                     |   |           |
| <b>Spring Total Semester Credit Hours</b>     |   | <b>15</b> |
| <b>Total First Year Semester Credit Hours</b> |   | <b>29</b> |

## Second Year

| Code  | Title   | Hours                        |
|---|---|------------------------------|
| <b>Fall</b>   |   |                              |
| PSCI 2305   | U.S. Government and Politics  | 3                            |
| BIOL 2401   | Human Anatomy and Physiology I <small>Satisfies Core Curriculum</small> | 4                            |
| Creative Arts Core Curriculum Requirement ( <a href="http://catalog.tamut.edu/academic-information/university-core-curriculum/">http://catalog.tamut.edu/academic-information/university-core-curriculum/</a> ) |   | 3                            |
| KINE 2350   | Physical Activity Skills I: Conditioning, Individual, and Dual Sports   | 3                            |
| Electives as needed to reach minimum degree requirements  |   | 3                            |
| <b>Total Fall Semester Credit Hours</b>   |   | <b>16</b>                    |
| <b>Spring</b>   |   |                              |
|   |   | <b>Semester Credit Hours</b> |
| HIST 1302   | United States History II  | 3                            |
| KINE 2351   | Physical Activity Skills II: Team Sports                                | 3                            |
| PSCI 2306   | State and Local Government  | 3                            |
| PSYC 2301   | General Psychology <small>Satisfies Core Curriculum</small>             | 3                            |
| PHYS 1301<br>& PHYS 1101  | College Physics I<br>and College Physics I Lab                          | 4                            |
| <b>Spring Total Semester credit Hours</b>   |   | <b>16</b>                    |
| <b>Total Second Year Semester Credit Hours</b>  |   | <b>32</b>                    |

## Third Year

| Code  | Title   | Hours                                |
|---|---|--------------------------------------|
| <b>Fall</b>   |   |                                      |
|   |   | <b>Semester<br/>Credit<br/>Hours</b> |
| KINE 301  | Sports Nutrition                                  | 3                                    |
| KINE 316  | Administration of Kinesiology and Sports Programs | 3                                    |
| KINE 432  | Kinesiology and Biomechanics                      | 3                                    |
| KINE 400  | Sports Officiating                                | 3                                    |
| Kinesiology Major elective course from prescribed electives |   | 3                                    |
| <b>Fall Total Semester Credit Hours</b>                     |   | <b>15</b>                            |
| <b>Spring</b>   |   |                                      |
|   |   | <b>Semester<br/>Credit<br/>Hours</b> |
| KINE 343  | Exercise Physiology                               | 4                                    |
| KINE 300  | Sports Strength & Conditioning                    | 3                                    |
| KINE 331  | Motor Development                                 | 3                                    |
| KINE 402  | Sports Coaching Methodology and Practice Series I | 3                                    |
| Kinesiology Major elective course from prescribed electives |   | 3                                    |
| <b>Spring Total Semester Credit Hours</b>                   |   | <b>15</b>                            |
| <b>Summer</b>   |   |                                      |
|   |   | <b>Semester<br/>Credit<br/>Hours</b> |
| KINE 325  | Exercise and Sport Psychology                     | 3                                    |
| KINE 334  | Test and Measurement in Kinesiology               | 3                                    |
| <b>Summer Total Semester Credit Hours</b>                   |   | <b>6</b>                             |
| <b>Total Third Year Semester Credit Hours</b>               |   | <b>36</b>                            |

## Fourth Year

| Code   | Title  | Hours                                |
|--|--|--------------------------------------|
| <b>Fall</b>  |  |                                      |
|  |  | <b>Semester<br/>Credit<br/>Hours</b> |
| Kinesiology Major elective course from prescribed electives    |  | 3                                    |
| KINE 332   | Program Development/Management in Fitness Industries     | 3                                    |
| KINE 401   | Sociology and Public Relations in Sports                 | 3                                    |
| KINE 434   | Sports Injury and Prevention                             | 3                                    |
| KINE 435   | Exercise and Chronic Diseases                            | 3                                    |
| Kinesiology Major elective course from prescribed electives    |  | 3                                    |
| <b>Fall Total Semester Credit Hours</b>                        |  | <b>15</b>                            |
| <b>Spring</b>  |  |                                      |
|  |  | <b>Semester<br/>Credit<br/>Hours</b> |
| KINE 443   | Exercise Testing and Prescription                        | 4                                    |
| KINE 403   | Sports Coaching Methodology and Practice Series II       | 3                                    |
| KINE 436   | Motor Skills for Special Populations                     | 3                                    |
| KINE 433   | Coaching Paralympics Game for Athletes with Disabilities | 3                                    |
| Kinesiology Major elective course from prescribed electives    |  | 3                                    |
| <b>Spring Total Semester Credit Hours</b>                      |  | <b>15</b>                            |
| <b>Total Fourth Year Semester Credit Hours</b>                 |  | <b>30</b>                            |
| <b>Total Minimum Semester Credit Hours Required for Degree</b> |  | <b>120</b>                           |

Note: A minimum of 54 upper division hours (300 and 400 level courses) are required for this degree. Resident credit totaling 25% of the hours is required for the degree. A minimum GPA of 2.0 is required in three areas for graduation: Overall GPA, Institutional GPA, and Major GPA.